



Warwick Workouts
Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

Worthington Basketball Clinic

Clinic Dates: October 16-17

3rd-5th Grade Boys/Girls 9-11am

6th-8th Grade Boys/Girls 11:30-2:00pm

Workout Goals

Workouts are designed to provide each athlete with a high-intensity workout that teaches the skill sets needed to make athletes' individual workouts more productive, therefore enhancing their game.

Clinic Features

- In-season and off-season shooting programs
- Shooting instruction and development
- Footwork/shot preparation
- Strength training and agility

Advanced Drills

- Carmelo Anthony Series
- Half Spin Series
- Kobe Back Pivot Series
- D. Wade Series
- NBA Guard Crawls
- Attack The Point



Each athlete receives Warwick Workouts Hoodie

**For more information, visit our website
at WarwickWorkouts.com or contact us at
605-391-6700 or warwickworkouts@gmail.com**



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@warwickworkouts

Clinic Details

Location: Prairie Elementary Gym
1700 1st Ave SW
Worthington, MN

Session 1: Cost \$79

3rd-5th Grade Boys/Girls

Thursday, October 16th 9-11am
Friday, October 17th 9-11am

Session 2: Cost \$89

6th-8th Grade Boys/Girls

Thursday, October 16th 11:30-2:00pm
Friday, October 17th 11:30-2:00pm

Each athlete receives Warwick Workouts Hoodie

For questions about the clinic please contact Sheila Grimmus
lawnboyzllc@msn.com (507) 329-3563

Registration Online

To reserve your spot for clinic please register online at www.warwickworkouts.com under Register Fall Workouts tab. Payment will be collected the first day of the clinic.

Please make checks payable to: Avera Sports

Name of athlete _____ Grade _____

Session 1: 3rd-5th Grade \$79

Session 2: 6th-8th Grade \$89

Parent name _____

Contact number _____

Email address _____

**Worthington Basketball Clinic
Dates Oct. 16-17**

Camp Waiver Information

I understand that the staff is not and will not be held responsible for illness or injury while my child participates in camp activities. I authorize the staff to secure any emergency treatment deemed necessary. I also acknowledge that the above participant is physically ready for camp activities.

Parent signature

Date